

TRAVEL&SPA

M A G A Z I N E

#26 SUMMER 2025

€ 10 | SUMMER ISSUE 2025
YEAR 7 • 425 • 174 PAGES
travelspa.it

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ENGLISH
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ITALIANO
INGLESE

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SOGNO TROPICALE
UNA SETTIMANA A NASSAU

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Purobeach Vilamoura
oasi verde in Portogallo

Speciale Montagna
WELLNESS A MISURA DI FAMIGLIA

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alternative che non ti aspetti

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GLI HOTEL SUL MARE PIÙ
AFFASCINANTI D'EUROPA

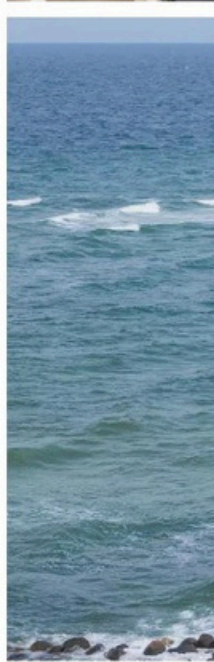


BEACH HOTELS EUROPE

TESTI E FOTO DI PATRICIA PARINEJAD



L'oceano, con le sue maree, le sue correnti e le sue onde, racchiude un potere immenso: trasporta energia vitale come un fiume di vita. Ogni onda che si infrange porta con sé un dolce senso di serenità. Il profumo salmastro dell'aria marina, la vastità dell'oceano che si estende all'infinito, i potenti ruggiti o la serena quiete, le infinite sfumature di blu, smeraldo, bianco e grigio: ogni cosa avvolge i sensi in un abbraccio rasserenante.





DANIMARCA

BADEHOTEL HELENKILDE

Situato all'estremità della frastagliata costa settentrionale della Danimarca, l'Helenekilde Badehotel è un rifugio marittimo senza tempo dove l'eleganza si fonde con la tranquillità. Un tempo villa privata costruita nel 1904, questo incantevole hotel accoglie ora gli ospiti in un mondo di classico fascino nordico, con ampie vedute sul Mare di Kattegat, sussurri di pinete e il dolce mormorio delle onde. Anche il ristorante è indimenticabile: non perdetevi il merluzzo! Che stiate cercando una fuga tranquilla o una vacanza romantica, Helenekilde offre una rara combinazione di storia, comfort e magia costiera.











BEACH HOTELS EUROPE

WORDS & PHOTOGRAPHS BY PATRICIA PARINEJAD

The ocean, with its tides, currents, and waves, holds immense power as it carries energy across the globe. Each wave that rolls in brings a sense of tranquility. The scent of salty sea air, the vastness of the ocean stretching to endless horizons, the mighty roars or tranquil stillness, the infinite shades of blues, emeralds, whites, and greys - all soothe our senses.

Throughout my life, I have been irresistibly drawn to open waters. From my childhood spent on the Caspian Sea in Iran, walking for hours with my dogs on the Baltic Sea in rain, basking on the sun-drenched beaches of Miami with warm sand between my toes, finding respite on the coast of Sag Harbor in the humid summers of New York, to riding the crest of waves in the chilly Atlantic waters of Pacific Palisades in California and Guéthary on the Côte Basque in France with my little red surfboard - the ocean has always been my escape. During times of sorrow or when feelings of loneliness and solitude threatened to overwhelm me, the sea became my solace, silently embracing me. Living on various islands such as Manhattan, Miami Beach, and Mallorca has allowed me to welcome the New Year on the beach, witnessing a rainbow over the Bay of Port de Sóller on January 1st or participating in the Polar Bear Plunge, where I challenged the icy waters of Southampton at my lowest point in life. It was a healing experience.



Times have changed since then, and with heatwaves in Europe increasing in frequency and intensity faster than almost anywhere else on the planet, I realized that more and more people are seeking refuge in cooling beach or waterfront hotels - places to escape from their troubled daily lives, even if just for a while.

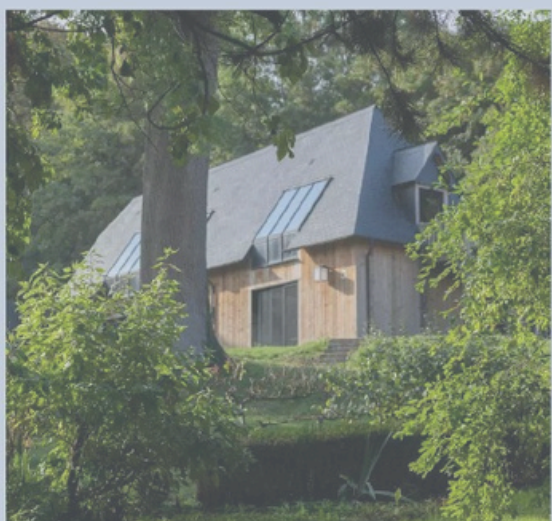
Through my travels, I discovered, and captured hidden gems and exceptional hospitality projects, from the simplest to the most luxurious. While there may be countless beach hotels out there, only a select few have truly touched my heart. It is my hope that through these pages, you will be inspired to reconnect with the sea and spread a sense of freshness, calm, and peace.



DENMARK

HELENEKILDE BADEHOTEL

Perched on the edge of Denmark's rugged northern coast, Helenekilde Badehotel is a timeless seaside retreat where elegance meets tranquility. Once a private villa built in 1904, this charming hotel now welcomes guests into a world of classic Nordic charm, with sweeping views of the Kattegat Sea, whispering pine forests, and the gentle hum of waves. Even the restaurant is unforgettable - Go for the Cod! Whether you're seeking a peaceful escape or a romantic getaway, Helenekilde offers a rare blend of history, comfort, and coastal magic.



HONFLEUR, FRANCE

LA CHAUMIÈRE

The Côte Fleurie winds its way between the fashionable seaside resort of Deauville and storybook charm of Honfleur. The name says it all. Flowers, meadows and fields line the flowering coastal road. This is where La Chaumière is hidden, a family-run estate and farmhouse with its own award-winning restaurant on a romantic hill lovingly decorated by the warm-hearted owner Marie-Pier and her three children. The lush property with blooming gardens is dated from the 17th century and has direct access to the pristine sandy beaches. A true paradise to switch off and recharge - La Chaumière is the kind of place that captures your heart—and makes you never want to leave.



CRETE, GREECE

NUMOIERAPETRA

Far away from the crowds of Crete in the Greek islands Numoierapetra is an unspoiled, secluded spot dotted with native Tamarisk trees, bougainvillea and rose bay. This blissful relaxed adults-only barefoot beach resort aspires to change the way guests experience a destination. The location alone, but also a stunning interior design, tailor-made experiences and meaningful connections makes this Greek resort simply outstanding.